## ECDS JOG-A-THON Friday, March 9th

## **ECDS** Parents,

On Friday, March 9<sup>th</sup>, your K-8<sup>th</sup> grade student will be participating in the fourth annual ECDS Jog-A-Thon fundraiser benefiting "Gift of Life International" (GOL). We are excited to announce that *the funds raised from our event this year will go towards sponsoring lifesaving heart surgeries for critically ill children in El Salvador*. Our goal this year is to raise \$30,000. This will fund the surgeries for the ten most critical cases. For more info about the ten kids we hope to help please visit the library to see photos and view bios. If every child challenges themselves to bring in even just a little more than they did last year we may achieve this goal. More information about "Gift of Life" can be found at <a href="https://www.giftoflifeinternational.org">www.giftoflifeinternational.org</a>. Don't forget this **is** a tax deductible donation.

## **How The Jog-A-Thon Works:**

- Students will have 30 minutes to complete as many laps as they can comfortably complete, by running, jogging, or walking on the track. Kindergarten classes will jog on the field.
- Money is raised by students obtaining pledge sponsors, who pledge a specific amount of money per lap completed by the student. Sponsors may also make a specific donation in any amount.
- Parents are welcome to come and cheer their kids on. During the run, volunteer parents will tally laps as the children run. If you can volunteer to help out, please use the sign-up sheet in your classroom or email your room parent.
- After the race, all laps will be totaled and transferred onto the sponsor sheets, which will be returned to the students so sponsorships can be collected.
- The day of the Jog-A-Thon will be a free dress day. *Please make sure your child wears proper attire*. Running shoes and loose-fitting clothing are highly recommended.
- Water fountains are available, but it is advisable to have your child bring a water bottle marked with his/her name.
- If your child should not participate for medical reasons, please send a note to the child's teacher.
- Prizes will be awarded to the classes raising the most money and to the top runners (based on number of laps completed) in each grade.

## Pledge Sponsors:

- A yellow sponsor sheet will soon be in your mailbox. Extra copies will be available in the office.
- We suggest that students obtain sponsors from their family, friends, and close neighbors. Don't forget corporate sponsors, too!
- We urge students *not* to canvass entire neighborhoods to solicit from strangers.
- When acquiring sponsorships, make sure your child knows their donations are to be collected AFTER the Jog-A-Thon, as most pledges are based on the actual number of laps completed.
- Please note: Students may not sponsor each other.

All sponsor sheets must be filled out and turned in to your teacher by Wednesday, March 7<sup>th</sup>.

Money will be collected by the students from their sponsors AFTER the Jog-A-Thon.

All pledge money must be turned in to the classroom by Friday, March 16.

Contact Shannon at (760) 809-5156, if you have any questions.

Let's have fun! We want this to be a pleasant and rewarding experience for everyone!

Thank You! Shannon Everett and Joty Vallandingham